

EBP

- Evidence-Based Practice -

• The movement to achieve cost-effective, high quality care based on scientific inquiry generates the drive for EBP.

- critical discernment requires the nurse to understand the research process and to sift through and carefully assess all available and credible findings.

- EBP requires a transition from nursing care based on opinions, past practices, and precedent to decisions that are based on scientific research and proven evidence.

• Goal of EBP: To obtain the best information available and integrate it into nursing practice.

- Ultimate Outcome: Improved quality of care based on the Best Practices from research.

Evidence Reports

- provide a scientific basis for a disease or a nursing practice

- Integrate the data into actions used in practice.

- Synthesize previous and current knowledge related to topic.

- Review the information for quality and documentation